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|  | Height of Land Challenge |
| June 2021 |
|  | Kilometre tracker |

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| Join us on our Height of Land Challenge!  Many trappers canoed from North West River to the Height of Land, past the Grand Falls (now named Churchill Falls) and spent a lot of time walking on their traplines before heading home on foot over the frozen river with a load of furs. Get a taste of their physical ability by joining us on a virtual walk from North West River to the Height of Land and back! Track your kilometres walked, and email your weekly totals to [themdays@themdays.com](mailto:themdays@themdays.com). |  |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | SUBTOTALS |
|  |  | 1 | 2 | 3 | 4 | 5 |  |
|  |  |  |  |  |  |  |  |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |  |
|  |  |  |  |  |  |  |  |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |  |
|  |  |  |  |  |  |  |  |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |  |
|  |  |  |  |  |  |  |  |
| 27 | 28 | 29 | 30 |  |  |  |  |
|  |  |  | END!! SEND IN YOUR TOTALS! |  |  |  |  |